

M	T	W	T	F	S	S

THIS WEEK

T O B U Y

M O N D A Y

T O D O

T U E S D A Y

W E D N E S D A Y

W E D N E S D A Y

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T H U R S D A Y

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TOTAL

F R I D A Y

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S A T U R D A Y

N O T E S

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M	T	W	T	F	S	S

THIS WEEK	

TO BUY	

MONDAY	☀️🍲🍲🍲🍲🍲

TO DO	

TUESDAY	☀️🍲🍲🍲🍲🍲

WEDNESDAY	☀️🍲🍲🍲🍲🍲

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THURSDAY	☀️🍲🍲🍲🍲🍲

EXPENSES	
M	
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TOTAL	

FRIDAY	☀️🍲🍲🍲🍲🍲

MEALS	
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SATURDAY	☀️🍲🍲🍲🍲🍲

NOTES	

SUNDAY	☀️🍲🍲🍲🍲🍲

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